

Capital of Romanian beekeeping and apitherapy

Bucharest became the capital of the Romanian beekeeping and Apitherapy from October 11th to 14th by hosting the **XII National Congress of Apitherapy with international participation.**



The Congress was organized by the Romanian Society of Apitherapy (R.S.A.) in partnership with IRDB (Institute of Research-Development in Beekeeping) and FIITAE Apimondia (Foundation of the International Institute of Technology and Apiculture economy) and brought together physicians, pharmacists, beekeepers, biologists, biochemists, engineers and businessmen from many countries of the world.

The diverse theme of Congress was supported by *oral presentations and posters, scientific debates, free conferences* for pupils, students and pensioners, *workshops*, as well as an *exhibition with the sale* of apiculture products open to the general public.





We selectively mention from the works presented at the Congress, based on section framing:

- *The history of beekeeping in Romania*
 - *Beekeeping, traditional occupation* – Gabriela VLĂSCÉANU, Iuliana CRIȘAN (Bucharest, Romania)
- *Melifero-Medicinal Plants*
 - *The melifera base in Romania and its importance for Apitherapy* – Gabriela VLĂSCÉANU (Bucharest, Romania)
- *Quality of apiculture products*
 - *A better quality of apiculture products through the application of new procedures and treatments to combat the parasite Varroa destructor* – Adrian SICEANU, Eliza CĂUIA, Gabriela Oana VIȘAN, Dumitru CĂUIA (Bucharest, Romania)
 - *The incidence of antibiotics in apiculture products. Case study on honey and pollen. Sources of contamination* – Otilia BOBIȘ, Victorița BONTA, Liviu Alexandru MARGHITAȘ, Daniel Severus DEZMIREAN (Cluj-Napoca, Romania)
 - *Specific labelling requirements for beehive products used as food or ingredients in dietary supplements* – Tatiana ONISEI, Cristina MATEESCU, Manuela RĂSCOL (Bucharest, Romania)
- *Bio-Pharmacological Bases of Apitherapy*
 - *Solid lipid nanoparticles (SLN) as transporters of medicinal products for ocular use from royal jelly* – Kristina PERMINAITĖ, Kristina RAMANAUSKIENĖ, Chiara SINICO, Anna Maria FADDA (Lithuania)
 - *Can apiculture products be used in the prevention or treatment of certain diseases? Scientific arguments* – Claudia PAȘCA, Daniel Severus DEZMIREAN, Otilia BOBIȘ, Liviu Alexandru MĂRGHITAȘ, Victorița BONTA (Cluj-Napoca, Romania)
- *Clinical bases of Apitherapy*
 - *The efficiency of the Tualang honey on memory and learning, short synthesis and clinical trial* – Ioana-Marieta JURCĂU, Ramona-Nagy JURCĂU, Nicolae COLCERIU (Cluj-Napoca, Romania)
 - *Bee venom Injection Techniques* – Dr. Claudiu MIHĂESCU (Bucharest, Romania)

- *Applying honey mixed with thyme essential oil for an open-minded fistful of fist, due to severe electroshock* – Andrei ZBUCHEA (Ploiești, Romania)
- *Integrative, step-by-step treatment of multiple sclerosis. Clinical cases* – Ștefan STÂNGACIU (Mereni-Conțești, Romania)
- *Treatment with bee venom, tolerance testing and desensitization in case of allergy* – Mariana STAN (Bucharest, Romania)
- *Apiphytotherapy in addressing male infertility. Case study* – Steluța GEORGESCU MARIUȚAN (Bucharest, Romania)
- *New clinical cases of autoimmune diseases treated by apiphytotherapy* – Cristina PAVEL (Bucharest, Romania)
- *Use of a special dressing with apiculture products used in wound healing in both humans and animals* – Octavia TAMAS-KRUMPE, Cornelia DOȘTEȚAN ABĂLARU, Ștefan LEFACIU, George MUREȘAN, Mihai OGNEAN, Laurenț OGNEAN (Romania)
- *Apitherapy against Arthralgia* – Dmytro SENYSHYN (Ukraine)

The congressional conclusions and the premiere celebration of the speakers, exhibitors and the winners of the photo competition were followed, as every year, by an... *artistic api-surprise* (offered by pupils of secondary school No. 190 from Bucharest, under the coordination of Professor Florica Velicu).



At the General Assembly on 12 of October at the initiative of Univ. Professor Univ. PhD. Pharm. Viorica Istudor, *Honorary president of the RSA*, supported as proposal and by Dr. Steluța Georgescu Mariuțan and Associate Prof. PhD. Pharmacist Gabriela Vlăsceanu, the decision was made to change the name of the Romanian Apitherapy Society in:

Romanian Society of Apitherapy, Phytotherapy and Aromatherapy (R.S.A.P.A.)

The main reason for this decision is that practically any specialist (physician and pharmacist) who prescribes and recommends like election or complementary treatment apiculture products also frequently are prescribing medicinal and aromatic herbs.

Medicinal plants or better said melifero-medicinal ones, are also the direct origin of pollen, bee bread, honey and propolis, extremely important products in apitherapy.

We wish for society

Many years with professional success and medical problems solved!



On Sunday, October 13th, in a special location at F.I.I.T.E.A.- Apimondia (40 Ficusului Str.) were conducted workshops and the practical post-Congress course.

Practical workshops organized under the theme ***"How to prepare and administer apiculture products for health, vitality (sport) and beauty (api-cosmetics)"*** presented to the participants ' requests topics such as:

- *Prevention and therapy of allergies to apiculture products*
- *Apitoxin therapy with apipuncture and related methods*
- *Useful practical tips for obtaining quality products and apitherapic preparations*
- *Aromatherapy with apiculture products*
- *Aerosols with honey and propolis*
- *Useful devices in Beehive air therapy*
- *Basic rules and principles in the establishment of treatment protocols in Apitherapy*

The practical intensive course ***"Anti-aging approach of daily life from Api-Phyto-therapeutic perspective"*** has been targeted as main themes:

- *Healthy lifestyle vs. toxic habits*
- *What is the anti-aging approach?*
- *Origin and pharmacological properties of apiculture products*
- *Phytotherapeutic products with anti-aging properties*
- *Develop an anti-aging treatment plan based on Api-Phyto-therapeutical products*
- *Practical demonstrations*
- *Tasting of apiculture products.*





Themed post-Congress excursions (14.10.2019) were made at:

- **the Apitherapy Centre from Bucharest** (C.A. Rosetti No. 31 street), the oldest apitherapy centre in the world.

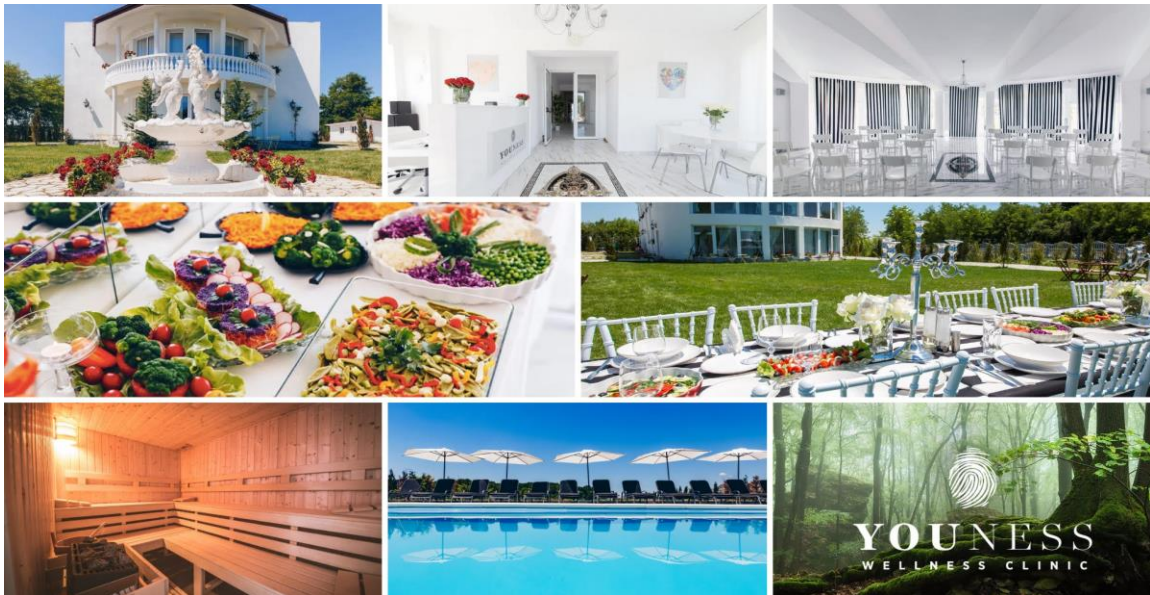




➤ ***Pro Natura / Medica Labs (Otopeni)***



➤ ***The Centre of Apitherapy (Conțești) & Youness Clinic (Stănești) (Dâmbovița county)***



The potential of the Apitherapy development in Romania and over the world is huge, because the communication between beekeepers, researchers, doctors and pharmacists, other categories of therapists is now very good, for the good of people, bees and melifero-medicinal plants.

Bee-friends & bee-happy!

Associate Professor PhD. primary Pharmacist **Gabriela Vlăsceanu**

Romanian Society of Apitherapy, Phytotherapy and Aromatherapy (R.S.A.P.A.)

Romanian Society of History of Pharmacy (R.S.H.P.)

Association of Pharmacists Club from Bucharest (A.P.C.B.)

Balkan Environmental Association (B.E.N.A.)

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